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## FOR IMMEDIATE RELEASE

## **Etters VFW Post #537 REBOOT Graduation Banquet**

ETTERS, PA — The James A. Danner VFW Post 537 has announced a banquet to recognize the graduates of their initial REBOOT Combat Recovery Training class. The community is invited to attend the banquet to be held Thursday, November 16 at 6:30 pm. Persons interested in attending are asked to make a reservation by contacting Charlie at <goldsborocog@gmail.com> or by texting/calling 1-724-630-4956.

A 2015 internal review of 60 participants demonstrated REBOOT's effectiveness in improving both quality of life and character resiliency. Scores on the PROMIS-29, a NIH-developed tool measuring health-related quality of life, showed statistically significant improvements in anxiety, depression and fatigue following completion of REBOOT's 12-week course. Scores on the Character Fitness Rating Scale demonstrated statistically significant improvements in self-reported wisdom, justice, courage, humility, transcendence, and temperance following completion of REBOOT.

This REBOOT celebration honors combat veterans and their families healing from the spiritual and moral injuries of war associated with post-traumatic stress and combat trauma. The 12 week combat trauma healing course provided a unique blend of clinical insight with faith-

based support for combat veterans seeking answers to defining questions about life, death, meaning, and purpose.

Additional information on the James A. Danner VFW Post 537 can be found on their website <www.ettersvfw.com> and Facebook page <www.facebook.com/James-A-Danner-VFW-Post-537>. Other VFW community, educational and philanthropic efforts are available at the National VFW website at <a href="http://www.vfw.org/Community/">http://www.vfw.org/Community/</a>

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